

February

Montessori Schools Bell & Peck

Mon	Tue	Wed	Thu	Fri
		1 WW Spaghetti with Turkey Meat Sauce <u>WW Spaghetti</u> Steamed Cauliflower Wheat Roll	2 Baked Chicken Strips <u>Veggie Nuggets</u> Mashed Potatoes Steamed Broccoli	3 Sliced Turkey Mashed Yams, Peas <u>Homemade Cheese Pizza</u> <u>Salad</u>
6 Chicken Teriyaki <u>Tofu Teriyaki</u> Fried Veggie Rice Edamame	7 Citrus Chicken Couscous Wheat Roll <u>Cream Cheese & Strawberry</u> <u>Sandwich</u> <u>Veggies & Dip</u>	8 Baked Spaghetti with Ground Turkey <u>Baked Mac & Cheese</u> Steamed Broccoli Wheat Roll	9 Chicken Eggrolls <u>Veggie Eggrolls</u> Chow Mein Dipping Sauce	10 Spaghetti & Meatballs <u>WW Penne with Cheese</u> Steamed Carrots Wheat Roll
13 Spiral Pasta with Cheese Salad Wheat Roll <u>Homemade Cheese Pizza</u> <u>Salad</u>	14 Chicken Spanish Rice Bowl <u>Bean & Rice Bowl</u> Pico De Gallo, Sour Cream, Rice Beans, Shredded Cheese	15 Turkey Meatballs Steamed Rice, Green Beans <u>Tortellini</u> <u>Steamed Green Beans, Wheat Roll</u>	16 Greek Chicken Pita Rice Tzatziki Sauce <u>Grilled Cheese Sandwich</u> <u>Steamed Green Beans</u>	17 BBQ Chicken Sweet Potato Tater Tots Black Bean Salad <u>Cheese Ravioli with Marinara</u> <u>Steamed Corn, Wheat Roll</u>
20 No School	21 Turkey Burger <u>Garden Burger</u> Potato Wedges	22 Turkey Roll Up <u>Grilled Cheese</u> Pasta Salad	23 Chicken Taquitos Spanish Rice Salad <u>Bean & Cheese Burrito</u> <u>Spanish Rice</u>	24 Turkey Sandwich Pasta Salad <u>Tortellini Soup</u> <u>Garlic Bread</u>
27 Chicken Quesadilla <u>Cheese Quesadilla</u> Spanish Rice Salad	28 Turkey Vegetable Chili <u>Vegetable Chili</u> French Roll	29 Baked Chicken Strips Baked Potato Wedges Steamed Broccoli <u>Baked Rigatoni with Cheese</u> <u>Mixed Vegetables</u> <u>Wheat Roll</u>		

*****Online Ordering: <http://partiestogo.h1.hotlunchonline.net>

Peck School Code: 9462 Bell School Code: 8104

*WW=Whole Wheat

*All Bread is freshly Baked

*Fresh Fruit served with every meal